



Child protection knows no
borders



CENTRE DE VACUNACIONS INTERNACIONALS
LLEIDA

FEMALE GENITAL MUTILATION (FGM)
Information for families travelling



FEMALE GENITAL MUTILATION (FGM)

NAMES FOR THIS PRACTICE:

Ablation, Excision, Cutting, Infibulation or Female Genital Mutilation.



WHAT IS IT?

Procedures that injure or alter the female genitalia for cultural or social reasons, with no health benefits

WHERE IS IT PRACTISED?

It is practised among certain ethnic groups in some countries in Africa, Asia and the Middle East.

CONSEQUENCES

SHORT-TERM CONSEQUENCES

Severe pain
Heavy bleeding
Infections
Difficulty urinating
Serious health complications



LONG-TERM CONSEQUENCES

Chronic pain
Frequent infections
Complications during childbirth
Menstrual disorders
Pain during sexual intercourse
Psychological impact

AVANT DE VOYAGER



GET INFORMED

Seek support from healthcare professionals if you have any questions or are facing pressure.



TALK TO THE FAMILY

Explain to family members and elders that you do not accept this practice.



KNOW THE LAW

Remember that FGM is prohibited by law in many countries, even if it is performed abroad.



PUT THE GIRL FIRST

The girl's health, safety and well-being must always come first.